

The Jain International School Chhatrapati Sambhajinagar







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E DITORIAL

October was a month of excitement, energy, and unforgettable moments as our school celebrated its much anticipated Interhouse Sports Events. This annual tradition brought the entire school community together, with students, staff, and parents united in support of our young athletes who put forth their best efforts in various sports and athletic competitions. The events were not just about winning medals; they represented the essence of sportsmanship, teamwork, and personal growth. From track and field events to team sports, each event showcased the hard work, resilience, and passion of our students. It was a joy to witness the dedication and spirit with which every participant competed. The cheers from the stands, the unity among teammates, and the healthy rivalry between houses made each day memorable and filled with enthusiasm.

The Interhouse Sports Events also highlighted the invaluable role of sports in fostering life skills. Our students learned about discipline, commitment, and time management as they balanced academics and training. The demonstrated tearnwork and empathy, supporting one another through victories and challenges alike. Beyond physical fitness, these events were an opportunity for students to gain confidence, handle pressure, and celebrate every effort, reminding us all of the power of determination and hard work. A heartfelt congratulations goes out all participants for their incredible performances and to the winning houses for their outstanding achievements. We extend our deepest gratitude to the coaches, teachers, and staff who worked tirelessly behind the scenes to make this event a resounding success. We are also grateful to the parents and families who cheered on the sidelines, reinforcing the spirit of encouragement that plays such a vital role in our students' development. As we look back on the excitement and camaraderie of October's Interhouse Sports Events, let us carry forwath the spirit of unity and excellence they represent. May our students continue to embrace challenges, celebrate each other's successes, and strive to reach new heights both in and out of the sports arena. Here's to October—a month of unforgettable experiences, personal triumphs, and shared memories that remind us of the strength and unity within our school community.

O CTOBER ALMANAC

Date	Day	Event
1st	Tue	International Day of Older Persons, World Vegetarian Day
		International Coffee Day
2nd	Wed	Mahatma Gandhi Birth Anniversary, International Day of Non-Violence
3rd	Thu	World Day for Farmed Animals
4th	Fri	World Animal Day, World Space Week (4-10 October)
5th	Sat	World Habitat Day, Ganga River Dolphin Day
7th	Mon	World Cotton Day, 66th Wildlife Week (2-8 October)
8th	Tue	Air Force Day, World Sight Day
9th	Wed	World Post Day, World Egg Day, Indian Foreign Service Day
		National Postal Week (9-15 October)
10th	The	World Migratory Bird Day, World Mental Health Day,
11th	Fri	International Day of the Girl Child
12th	Sat	World Arthritis Day
13th	Sun	International Day of Disaster Reduction
14th	Mon	World Standards Day, International E-Waste Day
15th	Tue	World Student's Day, International Day of Rural Women, Dassera
		Global Hand washing Day, Intellectual Property Literacy Week (15-23)
16th	Wed	World Food Day
17th	Thu	International Day for the Eradication of Poverty
20th	Sun	World Osteoporosis Day, World Statistics Day, International Chef's Day
21st	Mon	National Police Commemoration Day
22nd	Tue	International Stuttering Awareness Day
23rd	Wed	International Snow Leopard Day
24th	The	World Polio Day, United Nations Day, World Development Information Day
27th	Fri	World Day of Audiovisual Heritage, Indian Army in J&K Celebrates 74th
		Infantry Day, Vigilance Awareness Week (27 Oct 02 Nov.)
28th	Sat	International Animation Day
29th	Sun	International Internet Day, World Psoriasis Day
31ct	Mon	National Unity Day (Pashtriya Ekta Diwas), World Cities Day

SPORTS EXTRAVAGANZA

CTOBER HIGHLIGHTS

Inter-House Sports Competitions Energise School Grounds in October.

The month of October was filled with excitement and healthy competition as our school hosted its annual Inter-House Sports Competitions. The four houses—Ashoka, Aditya, Anant, and Abhay—competed across a variety of sports and events, which were divided into three groups based on grade levels: Grades 1-4, Grades 5-7, and Grades 8-10. Students had the opportunity to showcase their skills in both indoor and outdoor sports, ranging from traditional field events to strategic indoor games.

The event kicked off with an enthusiastic inauguration ceremony led by our Principal, Miss Shikha Srivastava, accompanied by the Vice Principal, coordinators, sports teachers, and other educators. Among the wide range of activities, students participated in lawn tennis, badminton, football, cricket, tug of war, volleyball, basketball, chess, relay races, running races, shot put, and javelin throw. The sports grounds were filled with the cheers and encouragement of teachers, students, and staff as each house put forth its best efforts to clinch the titles. The Inter-House Sports Competitions truly reflected the spirit of teamwork, discipline, and sportsmanship in our students, making October a memorable month for all.





INTER- HOUSE SPORTS COMPETITION







































INTER- HOUSE SPORTS COMPETITION



















































SPORTS EXTRAVAGANZA

Dear Students, Staff, and Parents,

October was an exhilarating month, filled with energy, enthusiasm, and sportsmanship as our school came together for the highly anticipated Sports Extravaganza - Annual Sports Meet and Interhouse Competitions. These events showcased not only the athletic abilities of our students but also their commitment, teamwork, and dedication to achieving personal and group excellence.

The Annual Sports Meet was a magnificent display of effort, talent, and resilience. From the youngest members of our school to the seniors, every participant demonstrated passion and perseverance. The wide array of track and field events, team games, and individual contests allowed our students to push their limits, support one another, and revel in the joy of healthy competition. I am immensely proud of the sportsmanship and grace with which each student participated, reminding us that success is not just about winning but about giving one's best and lifting others along the way.

Our Interhouse Events added another layer of excitement to October. These competitions fostered a true sense of camaraderie and school spirit, as students cheered for their houses and celebrated their achievements together. This spirit of unity, combined with the friendly competition between houses, is a vital part of what makes our school a dynamic and vibrant community.

To all our students who participated, I extend my warmest congratulations. To our winners, well done! You have inspired us all. To those who didn't come away with a medal this time, remember that every effort you made is a step toward future successes. Keep pushing, keep striving, and believe in your potential.

My gratitude also goes to our dedicated sports faculty, organizing committee, and the entire staff for their commitment to making these events a success. Finally, I thank all our parents for their unwavering support and encouragement; your involvement is invaluable in nurturing our students' development.

As we move forward, let us carry the same spirit of unity, resilience, and joy in all that we do. I look forward to seeing our students continue to grow, excel, and make lasting memories on and off the field.

MID TERM FACULTY TRAINING PROGRAMME (FTP) 2024-25



The 1st & 2nd day of the Mid Term Faculty program at 'The Jain International school, Chh Sambhajinagar aimed at Fostering Creative problem solving skills among teachers, Screen Time Management and Resilient leadership.

The day commenced with the lamp lighting and a meditation session.

Dr. Kejal Bharsakhle ma'am lead a session on fostering creative problem-solving skills among teachers. Dr. Bharsakhle shared innovative strategies to approach challenges, encouraging out-of-the-box thinking and collaborative learning methods to enhance classroom experiences.

Dr. Ravikant Pinjarkar conducted a session on "Screen Time Management" as part of a faculty training program. The session aimed at educating teachers on the importance of regulating screen usage for both themselves and their students. An insightful session on "Resilient Leadership: Managing Stress and Burnout," was conducted by Dr. Chandra Shekhar, D.P. The session provided valuable strategies to recognize and address stress, build resilience and maintain a healthy work-life balance. Key takeaways included practical techniques for coping with stress, fostering supportive relationships and creating a positive work environment.

Model Classroom teaching was done by different subject teachers with their HODs and Co teachers.

The day ended with the Valedictory function wherein many teachers were well-appreciated for their work during the 1st Term and many teachers were given 100% attendance certificates for the month of October.

Our respected Vice Principal, Mrs Dipti Saraf ma'am delivered the vote of thanks for each and everyone who contributed in making this two day of Faculty Training Programme successful.

























MID TERM FACULTY TRAINING PROGRAMME (FTP) 2024-25







































MID TERM FACULTY TRAINING PROGRAMME (FTP) 2024-25



















































































































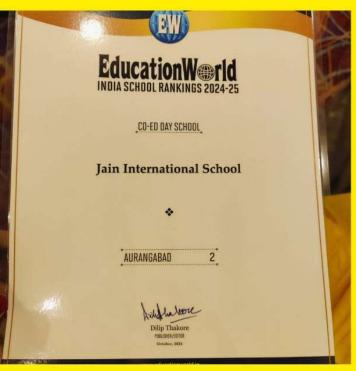
EDUCATION WORLD INDIA SCHOOL RANKINGS-EWISR-2024-25

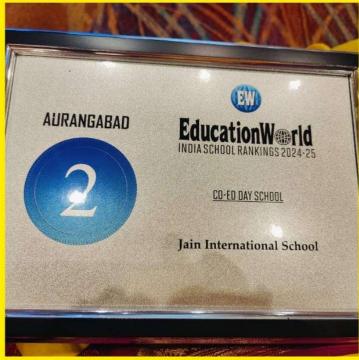


Team TJIS would like to extend its heartiest congratulations to our respected Principal, Mrs Shikha Srivastava ma'am on receiving the prestigious award under the category of best Co-Ed Day School by Education World India School Rankings-EWISR- 2024-25. This remarkable achievement is a testament to ma'am's dedication, leadership and commitment to fostering excellence in education.

Ma'am's vision and passion for nurturing young minds have clearly made a lasting impact not only within the school but also in the broader educational community. This recognition is well-deserved and we are confident that under ma'am's guidance our school will continue to reach new heights of success.









NAVRATRI - GARBA & DANDIYA CELEBRATION



On special occasions of Navratri Grade 1 to 10 students enjoyed Garba and Dandiya at TJIS Chh Sambhajinagar.

Grades 1 to 5 celebrated Navratri with a special assembly filled with joy and energy. The event featured a variety of performances, including devotional songs and lively dances. The key highlights of the assembly were an impressive act showcasing the *"Navdurga Roop,*" where students beautifully represented *the nine forms of Goddess Durga,* symbolizing power and protection. *The energy-packed Dandiya dance* added to the festive spirit, with everyone participating enthusiastically. Principal Ma'am addressed the assembly and gave best wishes for Navratri. The assembly concluded with a meaningful message, reminding everyone of the importance of Navratri and its values of strength, devotion, and the triumph of good over evil.































NAVRATRI - GARBA & DANDIYA CELEBRATION

































NAVRATRI - GARBA & DANDIYA CELEBRATION







PARENTING SESSION



parenting session was conducted at 'The Jain International school, Chh Sambhajinagar for the parents of grade 5 to 9 students by an experienced child and adolescent psychologist- Dr.Nidhi Nawander ma'am. It was organized to provide parents with effective strategies to encourage their children to study more productively. The psychologist highlighted that fostering a love for learning rather than enforcing rigid study schedules often leads to better long-term academic success.

Our Principal, Mrs shikha Srivastava ma'am welcomed the parents and the guest speaker. Ma'am addressed the parents about the main objectives of the session.

The following key points were discussed during the session.....

- 1. Understanding the Child's Perspective
- 2. Creating a Positive Study Environment
- 3. Setting Realistic Goals
- 4. Use of Positive Reinforcement
- 5. Avoiding Power Struggles
- 6. Developing Self-Discipline and Time Management
- 7. Addressing Learning Challenges
- 8. Modeling Good Behavior
- 9. Balancing Academics with Play
- 10. Need of Open Communication between parents and children

Many parents attended the session. Parents expressed their gratitude as they had many takeaways which would help their children to perform academically.

The session concluded with a Q&A segment where parents raised concerns specific to their children. The psychologist provided practical advice and encouraged parents to stay involved in their child's academic life in a supportive, non-intrusive manner



























PARENTING SESSION



An effective session on "How to Solve Board Exam Papers for Grade 10 Parents and Students was conducted at 'The Jain International school', Chh Sambhaji Nagar by our respected Principal, Mrs Shikha Srivastava ma'am along with the grade 10 teachers.

The session was organized to guide Grade 10 students on effective strategies for solving their board exam papers across various subjects. The aim was to help students maximize their performance by providing insights into time management, prioritizing questions and structuring answers effectively.

Key Points Discussed:

1. Understanding the Exam Pattern 2.Types of questions 3.Weightage of chapters 4.Time Management 5.Pre-exam planning 6.Common Mistakes to avoid. 7. All Grade 10 teachers provided tips for Subject-Specific papers 8. Mock Exams and Sample Papers 9. Stress Management Techniques 10.Q&A Session

Principal ma'am concluded the session by encouraging students to remain positive and confident. Ma'am emphasized that consistency in preparation, combined with the strategies discussed during the session would help students succeed in their board exams.

Many parents of grade 10 students too attended the session. Parents expressed their gratitude for such a wonderful gesture shown by the school for grade 10 students as there were many take aways which will really help the students to score better in their board exams.





DIWALI CELEBRATION



Grade 6 students of 'The Jain International school', Chh Sambhajinagar had organized a vibrant and enlightening assembly on the occasion of Diwali, the festival of lights.

The assembly began with a speech on Diwali followed by an energetic dance performance portraying the essence of Diwali celebrations. Students, dressed in traditional attire, performed gracefully to the tunes of a classic Diwali song with a skit depicting the story of Lord Rama's return to Ayodhya after 14 years of exile.

Our respected Principal- Mrs Shikha Srivastava ma'am addressed the assembly. Ma'am talked about the significance of Diwali and emphasized on celebrating eco friendly Diwali. Ma'am also appreciated the hardwork of students and teachers for organising such a wonderful assembly.

The assembly concluded with a vote of thanks by a Grade 6 student, expressing gratitude to the teachers, participants and the audience for their support and encouragement.

































DIWALI CELEBRATION









































PARENT TEACHER MEETING (PTM-3) GRADE I TO GARDE X



At 'The Jain International school', Chh Sambhajinagar, the Parent-Teacher Meeting (PTM) for grades 5 to 9 was held to discuss the students' progress during the first term. The meeting provided an opportunity for teachers to communicate directly with parents, discuss students' academic performance and address the concerns related to student development. The key points discussed during the PTM were as follows:

Performance of the students

Behavioral Observations

Attendance

Co-curricular Activities

Learning Gaps

Parental Involvement and other important points

Annual sports meet

The PTM was productive and helped establish a clearer line of communication between parents and teachers.











CLASS ACTIVITY



we celebrated World Food Day with a delightful dabba party! Students from Grades 1 to 4 shared their favorite homemade lunches, showcasing the diversity of flavors and cultures. It was a wonderful opportunity to learn about the importance of food and nutrition, while enjoying delicious meals together. Thank you to everyone for bringing their amazing dishes and making this day special!









SPECIAL ASSEMBLY



On the occasion of Gandhi Jayanti, the students of 4th D, came together to honor the life and legacy of Mahatma Gandhi, the Father of our Nation. Gandhi ji taught us the values of truth, non-violence, and peace.

Through this special assembly, we aimed to remind everyone of the importance of living a life of simplicity, kindness, and respect for one another. Let us strive to embody the principles of Gandhiji in our daily lives by promoting harmony and working towards a better, more peaceful world. Let us continue to spread Gandhiji's message of peace and love to everyone around us.









CLASS ACTIVITY

















CLASS ACTIVITY

































FILED TRIP



Our Grade 1 and Grade 2 students went on an exciting field trip to the post office today. The children had a great time learning about how letters and parcels are handled and delivered, and they enjoyed seeing the inner workings of the postal system. And also

Grade 3 and Grade 4 students had the wonderful opportunity to visit Soneri Mahal as part of their field trip. The students explored the historical significance of the palace and learned about its rich cultural heritage. It was a day filled with learning and excitement as they got to experience an important part of our history firsthand.

It was a fun and educational experience, and we are sure the students will have many stories to share about their visit!





STUDENT ZONE



SPORTS EXTRAVAGANZA

Our school is buzzing with excitement as the Sports Extravaganza is happening! We have different games and competitions like running races, lemon and spoon, relay races football, volleyball, cricket, badminton, lawn tennis and much more Everyone is cheering loudly for their friends and classmates. The playground is full of colourful flags and decorations, which makes it look so festive. It's fun to see everyone showing their sports skills and giving their best to win medals for their house.

The teachers and coaches are encouraging us and making sure everything goes smoothly. We're learning about teamwork, discipline, and how to handle winning and losing. It's such a memorable event, and we're all having a great time being part of it.

Tanishka Waghmare
Grade: IX B

THE IMPORTANCE OF SPORTS IN MY LIFE: TENNIS

Sports are a big part of my life, and tennis holds a special place in my heart. Playing tennis isn't just about hitting a ball over the net; it's a journey that has taught me a lot about discipline, resilience, and joy. Through tennis, I have learned lessons that I carry into other parts of my life.

Firstly, tennis has taught me discipline. Practicing regularly requires commitment and focus. Each time I step onto the court, I understand that improvement doesn't happen overnight. By setting small goals—like improving my serve or learning to read my opponent's moves—I see my hard work pay off. This discipline has helped me in school, too, where I apply the same focus and determination to my studies.

Another important lesson from tennis is resilience. Not every match goes my way, and sometimes I lose despite my best efforts. In those moments, I've learned that the most important thing is to get back up, learn from my mistakes, and keep trying. Losing a point or even a match is part of the game, but giving up is not. This mindset helps me face challenges outside of sports as well, reminding me to never lose hope.

Playing tennis also makes me feel energized and happy. It's a sport that combines physical movement with strategy, which keeps it exciting. The satisfaction of a perfect serve, the thrill of a close rally, and the joy of winning a match all make tennis a source of pure happiness for me. Plus, I get to meet and make friends with others who share the same passion.

In conclusion, tennis isn't just a sport to me; it's a way of learning, growing, and enjoying life. Each practice session, each match, and each rally teaches me something new. I am grateful to have tennis as a part of my life, and I look forward to all the future lessons and joys it will bring.

DIWALI: THE FESTIVAL OF LIGHTS AND DIYAS

Nihaan Marwah Grade : VI A

Diwali, also known as Deepavali, is one of India's most cherished festivals, celebrated with grandeur, devotion, and happiness. Often referred to as the "Festival of Lights," Diwali marks the triumph of light over darkness, good over evil, and knowledge over ignorance. During this time, streets, homes, and temples are adorned with rows of diyas (oil lamps), colorful rangolis, and dazzling decorations, transforming the entire country into a shimmering celebration of life and togetherness. Diwali holds a deep-rooted significance in Indian mythology, with each region of India attributing unique stories to its celebration. In North India, Diwali commemorates the return of Lord Rama to Ayodhya after 14 years of exile and his victory over the demon king Ravana. The people of Ayodhya welcomed Rama, Sita, and Lakshmana by lighting rows of diyas, symbolizing the triumph of good over evil. In South India, Diwali marks the victory of Lord Krishna over the demon Narakasura, while in the eastern parts, it is dedicated to Goddess Kali, who represents the fierce yet compassionate energy. The glowing diyas represent enlightenment, wisdom, and hope. Diyas are traditionally made from clay, filled with oil, and lit with cotton wicks. As families light these lamps, they believe that the divine light will drive away negative energy and welcome prosperity into their homes. The lights also symbolize the inner spiritual light that protects us from darkness and ignorance.

Five Days of Festivities

Diwali is celebrated over five days, each with its special significance:

- 1. Dhanteras: The first day of Diwali is dedicated to prosperity, and people buy new items, especially gold and utensils.
- 2. Naraka Chaturdashi (Choti Diwali): This day is celebrated as the day when Lord Krishna destroyed the demon Narakasura.
- 3. Lakshmi Puja (Main Diwali): On the third day, people worship Goddess Lakshmi, the deity of wealth and prosperity. Families decorate their homes, light diyas, and burst firecrackers.
- 4. Govardhan Puja: This day celebrates the lifting of Mount Govardhan by Lord Krishna to protect villagers from the wrath of Lord Indra.
- 5. Bhai Dooj: The final day is dedicated to the bond between brothers and sisters, similar to Raksha Bandhan.

Though Diwali is rooted in age-old traditions, modern celebrations include eco-friendly practices such as using LED lights instead of firecrackers and making eco-friendly rangolis and diyas. Many families are shifting to quieter and safer celebrations, recognizing the need to reduce noise and pollution while still preserving the festival's charm and essence.

> श्रीमती रुपाली निलेश शुक्ला Subject Expert Hindi department



SPORTS ACHIEVEMENTS



Shravan Wankhede of grade 8 got 3 Rank in the national level of Wiz Spell Bee competition. He is 1st in Marathwada region and now going for International level.







"My country my pride" general knowledge based Interschool Competitive exam was organised by Akshara Education for grade I to VIII students. Arjit Yeolekar got 1st rank in grade 3





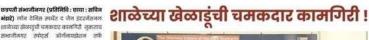


पिब्लिकराज

पान क्र. ४

लॉन टेनिस स्पर्धेत द जैन इंटरनॅशनल

शाळेच्या ठॉळाडूची चमकदार कामगिरी- नुकताव संभाजीनगर स्पोर्ट्स ऑर्गनायझेशन तर्षे आयोजित विभागीय अंतर शालेय लॉन देनिर स्पर्वेत द जैन इंटरनेंशनल शाळेच्या खेळाडूनी वसकदार कामगिरी बनावली ही स्पर्धा संभागीनगर एन-३ सिरको देनिस कोर्ट येथे पार पाइण्यात आली होती. ह्या स्पर्धेत संभाजीनगरच्या खप शाळाचे स्पर्धकांनी भाग घेतला आणि द जेन इंटरनेंशनल शाकेच्या सेकाडूंनी ह्या स्पर्धेत आपल्या अतिस्य प्रशसनिय सेळ दासवला द जेन इटरनेशनल शाकेच्या खेळाडूनी त्यांचे एकाऱ्यता, संयम, लक्षकेटित,अपूक अंदान व चेर्चशील द्वा मानसिकटीत्व शस्त्राचा वापर करत खप सामने काइत शाळेचे यशात मानाचा तरा लावला. व्यासपीठावर आपल्या शिक्का मौतीव करणारे द जैन इंटरनेंशनल शाळेच्या खेळाडू मुले - पिदाष गायकवाड, विश्वजीत चौधरी, बेदांत कुलकर्णी, नेतिक सराफ मुठी:- ऋत्वी टाकसाले सनस्वी राठोड, रुदानी शिंद, आराध्या गौड शाळेचे है सर्व खेळाडू जाता विभागीय स्पर्धेसाठी पात्र ठरले . आहेत या सर्वे ठोळाडूना जेस अकादमीच्या प्रमुख श्री महेश परदेशी यांचे स्वरण मार्गदर्शन लाभलं तसेच मोठा पाठिया ह्या खेळाडूंना शाळेचे शारिटीक शिक्षण प्रमुख श्री अनिकेश शुक्ला, गणेश तुपै, अप्रिनी शिदे व सहायक कोच तेनस गायकवाड, राष्ट्रक,यहायोगेश,वांनी दिला सर्व खेळाडूंचा





सत्कार मुख्याध्यापिका श्रीमती विश्वा श्रीवास्तव याच्याकडून करण्यात आला या सर्व केकाडूना शाकेचे डायरेक्टर कमिटी श्री पेनराज जैन, डॉ.पेरशेशर टीपी, श्रीनती सोना मेहंदी, श्रीनती रूपिया कोशाराज, आणि उपप्रापाचा व शिक्षक कारीलेटर याची अभिनंदन बेग्ले सर्व क्षेकाडूना श्री अनय,अमरीक्ष वामनराव,पवीण,पैन, रजत,अभय, रुपेकर,पूर्वकार्यानी शुक्रेया दिल्या



एन-३ सिडको : जिल्हास्तरीय आंतरशालेय लॉन टेनिस स्पर्धेत विजेत्या खेळाडूंसोबत मान्यवर.

जैन इंटरनॅशनल शाळेची चमकदार कामगिरी

सिडको, एन-इ: जिल्हा आंतरशालेय लॉन टेनिस स्पर्धेत द जैन इंटर्तशनल शाळेच्या खेळाडूंनी चमकदार कामगिरी केली. यात पीयूव गायकवाड, विश्वजित चौधरी, वेदांत कुलकर्णी, नैतिक सराफ, ऋत्वी टाकसाळे, मनस्वी राठोड, रुद्रानी शिंदे, आराध्या गौड या खेळाडूंची विभागीय स्पर्धेसाठी पात्र ठरले आहेत. खेळाडूंना जेस अकादमीचे प्रमुख महेश परदेशी यांचे मार्गदर्शन लाभले. मुख्याध्यापिका शिखा श्रीवास्तव, संचालक समितीचे चैनराज जैन, डॉ. चंद्रशेखर डौपी, मोना मेहंदी, ललिता कोसाराजू, अनिकेत शुक्ला, गणेश तुपे, अश्विनी शिंदे, सहायक कोच तेजस गायकवाड यांनी अभिनंदन केले.



SPORTS ACHIEVEMENTS



U/14 Girl's Volleyball Team Wins Universal Interschool Volleyball Championship U/14 Boy's Volleyball Team Wins Universal Interschool Volleyball Championship U/17 Girl's Volleyball Team Wins Universal Interschool Volleyball Championship







Under 17 girls, won the final football match against Universal school. Girls score the firs place Under 17 TJIS boys, football team also secured first place against Wokhard Global school. The boys also won the match win first place in penalty shoot.





TJIS U/14 Girl's Volleyball Team Win Universal TJIS U/17 Girl's Volleyball Team Win Universal Interschool Volleyball Championship

TJIS U/14 Girl's Volleyball Team 2nd place in **Dso Volleyball Championship**

U/14 Manasvi Rathod select for National level U/17 Nirmiti Kale Selection Trial's

U/14 Aamrah Siddiqui select for state level U/17 Tanisha Bidwe select for State level Selection Trial's

Selection Trial's



Interschool Volleyball Championship

TJIS U/17 Girl's Volleyball Team 3rd place in Dso Volleyball Championship

select for State level Selection Trial's

Selection Trial's

U/14 Priyanshi Meena select for state level U/17 Tanishka Waghmare select for State level Selection Trial's



TJIS U/17 Boy's Volleyball Team 2nd place in Dso Volleyball Championship







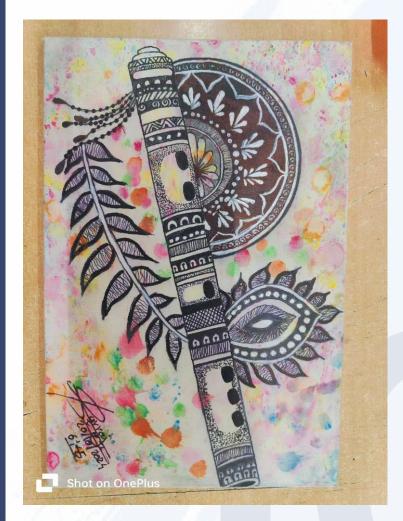






MAGIC FINGERS







STAR OF THE MONTH

























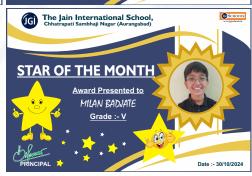












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STAR OF THE MONTH





























HAPPY BIRTHDAY







HAPPY BIRTHDAY



GRANDPARENTS DAY CELEBRATIONS

Grandparents' Day was celebrated at Ch. Sambhaji Nagar's Jain Toddlers. Grandparents are truly special. They shower love, affection and valuable life lessons on their grand kids and guide them to become a good human being.

We were honored to have Mrs. Asha Shrivastava as our chief guest. Our UKG students wholeheartedly performed dance for their grandparents.

The event was filled with fun games, including Musical chair, Cap Exchange and Antakshari, which brought immense joy to our grandparents. The celebration concluded with Navratri festivities, making it an unforgettable experience.

We extend our heartfelt gratitude to all grandparents for their presence and love.





JT - NEWS LETTER



INTER- HOUSE SPORTS COMPETITION























TIPS FOR PARENTS TO ENCOURAGE SPORTS IN CHILDREN



Incorporating sports into a child's life has immense benefits for both their physical and mental development. Here are some key points on why sports are important in parenting and ways to support and encourage your child in athletic pursuits:

1. Physical Health and Fitness

- Activity and Strength: Sports improve cardiovascular health, muscle strength, flexibility, and overall endurance. Regular physical activity in childhood lays a foundation for lifelong health.
- Healthy Habits: Kids who play sports are more likely to adopt healthy habits, such as balanced nutrition and regular exercise, reducing risks of obesity and lifestyle diseases.

2. Mental Health and Emotional Well-being

- Stress Relief: Physical activity helps release endorphins, which reduce stress and promote positive feelings.
- **Self-esteem and Confidence:** Mastering skills and improving over time build confidence and help children feel accomplished. Celebrating their achievements, no matter how small, boosts self-esteem.
- Resilience and Grit: Sports teach kids how to bounce back from failures, deal with pressure, and keep trying after setbacks—valuable life skills.

3. Social Skills and Teamwork

- Teamwork: Playing sports requires cooperation, communication, and a sense of camaraderie. Children learn to work towards a common goal, support each other, and value team success.
- Leadership and Empathy: Team sports teach empathy, as kids become aware of the strengths and weaknesses of others, often taking on leadership roles or supporting teammates in times of need.

4. Discipline and Responsibility

- Commitment: Regular practice, punctuality, and dedication to improvement instill discipline and a sense of responsibility.
- Time Management: Balancing school, sports, and other activities encourages children to develop time management skills.

5. Setting Goals and Persevering

- Goal-setting: Sports help kids understand the importance of setting and working toward both shortterm and long-term goals.
- Handling Wins and Losses: Children learn that both winning and losing are part of the journey, and both offer valuable lessons.

Tips for Parents to Encourage Sports in Children:

- **Explore Different Sports:** Let your child try various sports to find what they enjoy most, rather than focusing on a single one early on.
- Be Positive and Supportive: Encourage effort, not just results. Praise their dedication and improvement to foster a love for sports.
- **Set an Example:** Be active yourself and demonstrate that physical fitness is a priority. Children often emulate their parents' behavior.
- Encourage Fair Play and Respect: Teach them to respect their coaches, teammates, and opponents, which reinforces values like humility and respect.
- Balance: While sports are beneficial, it's essential to maintain balance. Allow downtime to avoid burnout and help them manage their academic and social life alongside sports.
- Sports can play a pivotal role in shaping well-rounded, resilient, and healthy individuals, making it a worthy area of focus in your child's development.

Editorial Board :- Mrs. Jayshri Jaybharye • Mrs. Paramjeet Oberoi • Mrs. Dipti Saraf • Mrs.Rekha Thakur • Designer :- Mr. Prafull Bhoyar



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